

How to Use a Face Mask

DO

Wash your hands before and after covering face

Face cover should fit snugly, reaching from the bridge of your nose to the underside of your chin

To remove the face cover, pull off by handling ties or loops

Launder cloth facial coverings daily (in hot water with detergent)
or
replace with a clean one

Discard disposable face coverings after each use in a trash receptacle.



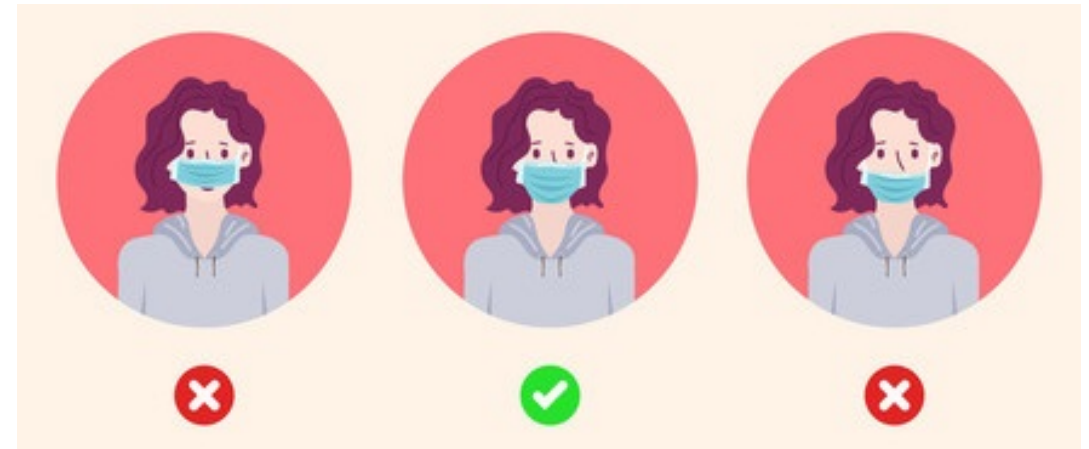
DO NOT

Leave the nose or chin exposed

Touch your face or facial covering

Wear loosely with exposed gaps on the sides

Push facial covering below the chin to rest on the neck



DO NOT LEAVE HOME IF YOU ARE SICK